



Study Hours per Class

Do you ever ask yourself, *how many hours per week should I study for each class?* If so, this worksheet is for you! Simply follow the key to determine an estimate of the amount of hours you should be spending each week on each of your classes.

How difficult is your class?

Low difficulty = 2 hours per week

Average difficulty = 4 hours per week

High difficulty = 6 hours per week

Class	Difficulty	Study Hours per Week

Again, this is just an estimate. Use your best judgement. If you think that this is too many hours to study, perhaps you need to broaden your definition of studying. Studying includes:

Reading your textbooks, taking notes, reviewing your notes, creating mind maps or mnemonics, making flash cards, doing practice problems, completing homework, attending tutoring or SI, participating in study group, etc.