

The Study Cycle

Step 1: Preview Material Before Class

- Review the topic(s) that will be covered in lecture
- Read the textbook chapter(s)
- Skim class PowerPoint
- Prepare questions before lecture

Step 2: Attend Course Lecture

- Actively listen to the lecture
- Take thorough notes
- Ask questions in class

Step 3: Review Notes after Class

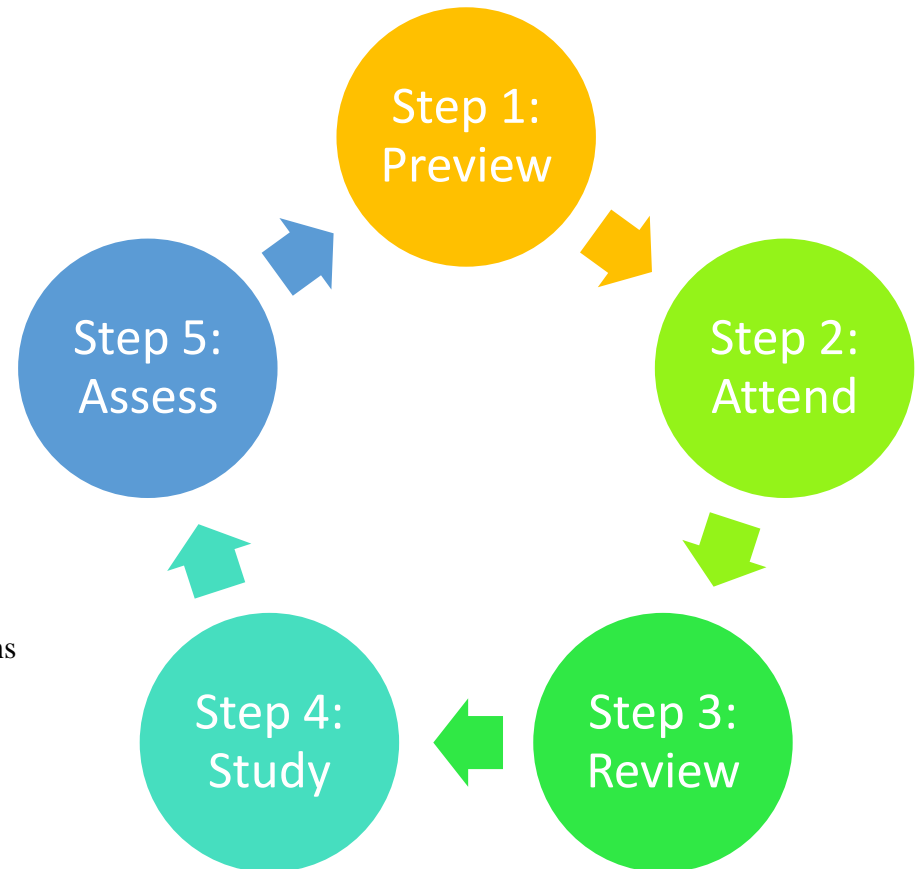
- Review notes
- Fill in gaps in notes
- Reach out to your professor or TA with additional questions

Step 4: Study Course Material

- Review lecture notes and textbooks
- Create flash cards of key information
- Use self-testing

Step 5: Assess Your Learning

- Review what worked well when preparing for previous exams
- Create a study plan for the next exam



Created by Hannah Kubicki

Student Academic Resource Center | Student Learning & Academic Success | University of Central Florida
Adapted from materials by Purdue University Academic Support Center and Oregon State University Academic Success Center

How Can You Implement This Study Cycle to Your Current Study Habits?

Step 1: Preview Material Before Class

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Step 2: Attend Course Lecture

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Step 3: Review Notes after Class

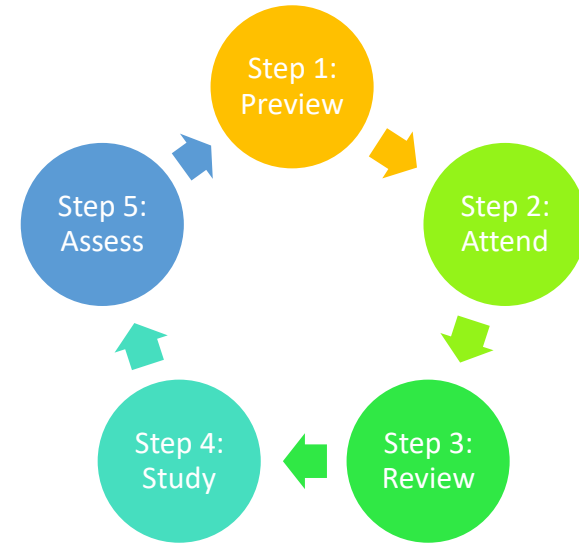
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Step 4: Study Course Material

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Step 5: Assess Your Learning

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Campus Resources

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