



: U` 2022 Academic Outreach Programming Student Academic Resource Center

Academic Success Workshop Description	Date / Time / Place
<p>Timing is Everything Learn how to prioritize, make effective lists, and become better at time management.</p>	<p>‡ 0 11 a.m. - 12 p.m. Egmont Key (SU 224)</p>
<p>Discover your Learning Style This workshop will help you understand your learning style and how it can impact your study habits and academics.</p>	<p>u sday, 0 p.m. - 2 p.m. Egmont Key (SU 224)</p>
<p>Mind Meld: Study Habits and Metacognition Learn from our experts the tricks of the trade on metacognition and how to best prepare for your exams.</p>	<p>‡ \ .m. - p.m. Egmont Key (SU 224)</p>
<p>Your MAP to Success: Motivation and Persistence Feeling unmotivated? Learn the skills needed to beat procrastination and persist to reach your goals.</p>	<p>Wednesday, \ 11 a.m. - 12 p.m. Egmont Key (SU 224)</p>
<p>No Stress Zone with Wellness and Health Promotion Services This workshop collaboration with WHPS will help you learn more about where stress and test anxiety comes from and how to overcome it for your next exam.</p>	<p>Monday, November 7th 2 p.m. - 3 p.m. Egmont Key (SU 224)</p>
<p>The Final Countdown: Preparing for Finals Are you starting to feel overwhelmed in preparing for final exams? Learn how to regain control and make finals week successful.</p>	<p>Wednesday, November 30th 10 a.m. - 11 a.m. Egmont Key (SU 224)</p>
<p>SARC Study Union Final Review Sessions SARC student staff host 50 - 80+ final review sessions throughout the event. Visit the Study Union website for this semester's schedule of final review sessions online starting the weekend before finals.</p>	<p>@UCF Student Union Dates & Times: TBD</p>
<p>Access Granted: 24/7 Online On-Demand Academic Resources Looking for even more learning assistance? Check out SARC's repository of online support resources by visiting our website.</p>	<p>https://academicsuccess.ucf.edu/sarc/</p>

Want to learn more about our Academic Success Workshops? Scan the QR Code below! All of our recorded workshops will be available for future access.



Contact Us:

Trevor Colbourn Hall 117 University of
Central Florida 12796 Aquarius Agora Dr.
Orlando, FL 32816

Phone: 407-823-5130
academicsuccess.ucf.edu/sarc

@UCFSARC   

STUDENT ACADEMIC RESOURCE CENTER
Division of Student Learning and Academic Success



Academic Support Services at a Glance

Student Academic Resource Center

Peer Tutoring

Group-based peer tutoring to undergraduate UCF students. Schedules can be found on our website or at tutoring locations on campus. Subject areas include: Accounting, Statistics, Chemistry, Biology, Physics, Engineering, Computer Science, Human Physiology, Spanish, and some Business courses.

Supplemental Instruction (SI)

Weekly study sessions for historically-difficult undergraduate courses. Attendees average ½ to 1 letter grade higher on midterms and final grades. Subject areas: Chemistry, Biology, Physics, Genetics, Anatomy, Physical Science, Engineering, Computer Science, and selected Mathematics sections.

One-on-One Peer Tutoring

Individual peer tutoring for students enrolled in undergraduate courses in STEM, Business, or Spanish. Sessions are one hour in length and appointments must be scheduled online in advance. Please note you can only make appointments for classes you are currently enrolled in.

Academic Coaching & Engagement (ACE)

Academic coaches help program participants develop important academic and life skills such as organization, time management, goal setting and study skills through one-on-one appointments.

Academic Success Workshop Series

A free workshop series focusing on college level learning and study skills such as: avoiding procrastination, time management, notetaking, final exam preparation, and overcoming test anxiety. Workshops are recorded and available to view at any time via our YouTube channel.

Online Resources

SARC has many study skills tools to help students determine where they are in their learning and to improve in specific courses. Visit academicsuccess.ucf.edu/sarc to learn more.

Study Union

Each fall and spring semester, SARC partners with UCF's Student Union to provide UCF students with academic support and final review sessions during final exam week.

Student Success Resources

The Student Success Resource page provides a directory of select academic, wellness, and financial resources to support your student success. Visit <https://academicsuccess.ucf.edu/ssa/student-success/> to explore.

Upon reasonable and advanced request, the Student Academic Resource Center will facilitate access and reasonable accommodations to ensure services, programs and activities sponsored by SARC are accessible. Please contact sarc@ucf.edu to discuss accessibility for these events.

Trevor Colbourn Hall 117
University of Central Florida
12796 Aquarius Agora Dr.
Orlando, FL 32816

academicsuccess.ucf.edu/sarc



Phone: 407-823-5130

Division of Student Learning and Academic Success