<table>
<thead>
<tr>
<th>Workshop Description</th>
<th>Date / Time / Place</th>
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<tr>
<td><strong>Time After Time: Managing a Student Schedule</strong></td>
<td><strong>Wednesday, July 6th</strong> &lt;br&gt;7:00 - 8:00 pm &lt;br&gt;&lt;br&gt;&lt;br&gt;&lt;br&gt;&lt;br&gt;<strong>Egmont Key 224</strong></td>
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<td>Develop techniques necessary to become an effective time manager. Learn how to prioritize, make effective lists, and become better at multi-tasking and studying.</td>
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<td><strong>Working for the Weekend: Developing Better Study Habits</strong></td>
<td><strong>Thursday, July 14th</strong> &lt;br&gt;5:30 - 6:30 pm &lt;br&gt;&lt;br&gt;&lt;br&gt;&lt;br&gt;&lt;br&gt;<strong>Egmont Key 224</strong></td>
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<td>Learn from our experts the tricks of the trade on how to best prepare for your exams</td>
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<td><strong>No Stress Zone &amp; Wellness</strong></td>
<td><strong>Monday, August 1st</strong> &lt;br&gt;7:00 – 8:00 pm &lt;br&gt;&lt;br&gt;&lt;br&gt;&lt;br&gt;&lt;br&gt;<strong>Egmont Key 224</strong></td>
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<td>This workshop will help you learn more about where stress and anxiety come from and how to overcome it for your next exam.</td>
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<td><strong>Access Granted: 24/7 Online On-Demand Academic Resources</strong></td>
<td><strong>academicsuccess.ucf.edu/sarc</strong></td>
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<tr>
<td>Looking for even more learning assistance? Check out SARC’s repository of online support resources by visiting our website any time of day or night.</td>
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Please note: Verification of attendance at a SARC workshops for the Office of Student Conduct, an advising office, or another UCF department will only be permitted if the student attends the presentation for the duration of the workshop and completes a mandatory evaluation.

Contact
Trevor Colbourn Hall 117
4000 Central Florida Blvd.
Orlando, FL 32816
Phone: 407-823-5130
www.sarc.sdes.ucf.edu
### Peer Tutoring
Group-based peer tutoring to undergraduate UCF students. Schedules can be found on our website or at tutoring locations on campus. Subject areas include: Accounting, Statistics, Chemistry, Biology, Physics, Engineering, Computer Science, Human Physiology, Spanish, and some Business courses.

### Supplemental Instruction (SI)
Weekly study sessions for historically-difficult undergraduate courses. Attendees average ½ to 1 letter grade higher on midterms and final grades. Subject areas: Chemistry, Biology, Physics, Genetics, Anatomy, Physical Science, Engineering, Computer Science, and selected Mathematics sections.

### One-on-One Peer Tutoring
Individual peer tutoring for students enrolled in undergraduate courses in STEM, Business, or Spanish. Sessions are one hour in length and appointments must be scheduled online in advance. Please note you can only make appointments for classes you are currently enrolled in.

### Academic Coaching & Engagement (ACE)
Academic coaches help program participants develop important academic and life skills such as organization, time management, goal setting and study skills through one-on-one appointments.

### Academic Success Workshop Series
A free workshop series focusing on college level learning and study skills such as: avoiding procrastination, time management, notetaking, final exam preparation, and overcoming test anxiety. Workshops are recorded and available to view at any time via our YouTube channel.

### Online Resources
SARC has many study skills tools to help students determine where they are in their learning and to improve in specific courses. Visit academicsuccess.ucf.edu/sarc to learn more.

### Study Union
Each fall and spring semester, SARC partners with UCF’s Student Union to provide UCF students with academic support and final review sessions during final exam week.

### Student Success Resources
The Student Success Resource page provides a directory of select academic, wellness, and financial resources to support your student success. Visit https://academicsuccess.ucf.edu/ssa/student-success/ to explore.

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Upon reasonable and advanced request, the Student Academic Resource Center will facilitate access and reasonable accommodations to ensure services, programs and activities sponsored by SARC are accessible. Please contact sarc@ucf.edu to discuss accessibility for these events.

Trevor Colbourn Hall 117
University of Central Florida
12796 Aquarius Agora Dr.
Orlando, FL 32816

Phone: 407-823-5130

[academicsuccess.ucf.edu/sarc](https://academicsuccess.ucf.edu/sarc)

[@UCFSARC](https://www.instagram.com/ucfsarc)