



# Spring 2023 Academic Outreach Programming

## Student Academic Resource Center

Academic Success Workshop Description	Date / Time / Place
<p><b>Design Your Day: Time Management</b></p> <p>Do you want to have a more productive day? Learn how to prioritize by making lists and routines to start your day off on the right track.</p>	<p>Wednesday, January 25th 12 p.m. - 1 p.m. <a href="#">Sand Key (SU 220)</a></p>
<p><b>Good Study Strategies Lead to Success</b></p> <p>Do you want to transform your grades? Learn study strategies that will help you do more than improve your grades, but also succeed!</p>	<p>Thursday, February 16th 5:30 p.m. - 6:30 p.m. <a href="#">Zoom</a></p>
<p><b>Stressed? That's Baggage You Don't Need to Carry</b></p> <p>Learn techniques to let go and destress when you are feeling overwhelmed.</p>	<p>Wednesday, February 22nd 1:00 p.m. - 2:00 p.m. <a href="#">Cedar Key (SU 223)</a></p>
<p><b>You Are More Than Your GPA: Learning Styles</b></p> <p>Have you wondered what your learning style is? Explore the main learning styles and how they can impact your study strategies.</p>	<p>Sunday, March 12th 12:00 p.m. - 1:00p.m. <a href="#">Zoom</a></p>
<p><b>Just Do It: Motivation and Persistence</b></p> <p>Do you feel unmotivated? You will learn strategies you can use to beat procrastination and achieve your academic goals.</p>	<p>Tuesday March 28th 2:00pm - 3:00pm <a href="#">Sand Key (SU 220)</a></p>
<p><b>How to Survive and Thrive During Finals</b></p> <p>Do you want to excel on your final exams? You will learn how to successfully prepare for finals without overwhelming yourself.</p>	<p>Thursday April 13th 5:00pm - 6:00pm <a href="#">Zoom</a></p>
<p><b>SARC Study Union Final Review Sessions</b></p> <p>SARC student staff host 50 - 80+ final review sessions throughout the event. Visit the Study Union website for this semester's schedule of final review sessions online starting the weekend before finals.</p>	<p><b>@UCF Student Union</b> Dates &amp; Times: TBD</p>
<p><b>Access Granted: 24/7 Online On-Demand Academic Resources</b></p> <p>Looking for even more learning assistance? Check out SARC's repository of online support resources by visiting our website.</p>	<p><a href="https://academicsuccess.ucf.edu/sarc/">https://academicsuccess.ucf.edu/sarc/</a></p>

Want to learn more about our Academic Success Workshops? Scan the QR Code below! All of our recorded workshops will be available for future access.



### Contact Us:

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Phone: 407-823-5130  
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@UCFSARC   

STUDENT ACADEMIC RESOURCE CENTER  
Division of Student Success and Well-Being



**UCF**

# Academic Support Services at a Glance

## Student Academic Resource Center

### Peer Tutoring

Group-based peer tutoring to undergraduate UCF students. Schedules can be found on our website or at tutoring locations on campus. Subject areas include: Accounting, Statistics, Chemistry, Biology, Physics, Engineering, Computer Science, Human Physiology, Spanish, and some Business courses.

### Supplemental Instruction (SI)

Weekly study sessions for historically-difficult undergraduate courses. Attendees average ½ to 1 letter grade higher on midterms and final grades. Subject areas: Chemistry, Biology, Physics, Genetics, Anatomy, Physical Science, Engineering, Computer Science, and selected Mathematics sections.

### One-on-One Peer Tutoring

Individual peer tutoring for students enrolled in undergraduate courses in STEM, Business, or Spanish. Sessions are one hour in length and appointments must be scheduled online in advance. Please note you can only make appointments for classes you are currently enrolled in.

### Academic Coaching & Engagement (ACE)

Academic coaches help program participants develop important academic and life skills such as organization, time management, goal setting and study skills through one-on-one appointments.

### Academic Success Workshop Series

A free workshop series focusing on college level learning and study skills such as: avoiding procrastination, time management, notetaking, final exam preparation, and overcoming test anxiety. Workshops are recorded and available to view at any time via our YouTube channel.

### Online Resources

SARC has many study skills tools to help students determine where they are in their learning and to improve in specific courses. Visit [academicsuccess.ucf.edu/sarc](https://academicsuccess.ucf.edu/sarc) to learn more.

### Study Union

Each fall and spring semester, SARC partners with UCF's Student Union to provide UCF students with academic support and final review sessions during final exam week.

### Student Success Resources

The Student Success Resource page provides a directory of select academic, wellness, and financial resources to support your student success. Visit <https://academicsuccess.ucf.edu/ssa/student-success/> to explore.

Upon reasonable and advanced request, the Student Academic Resource Center will facilitate access and reasonable accommodations to ensure services, programs and activities sponsored by SARC are accessible. Please contact [sarc@ucf.edu](mailto:sarc@ucf.edu) to discuss accessibility for these events.

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