



UCF

# Fall 2024 Academic Outreach Programming

## Student Academic Resource Center

Academic Success Workshop Description	Date / Time / Place
<p><b>Wizard of Time: The Art of Time Management</b></p> <p>Unlock the secrets to mastering time with our workshop, <i>Wizard of Time: The Art of Time Management</i>. This engaging session is designed to help you transform your approach to managing time, balancing your academic responsibilities, and achieving your goals with ease.</p>	<p><b>Monday, September 9th, 2024</b> 1:00 p.m.-1:50 p.m. <a href="#">TCH 101 &amp; Zoom</a></p>
<p><b>Mastering Study Techniques: Unlock Your Academic Potential</b></p> <p>Elevate your academic performance with our workshop, <i>Mastering Study Techniques: Unlock Your Academic Potential</i>. This interactive session is crafted to provide you with proven strategies to enhance your study habits and achieve your best results.</p>	<p><b>Monday, September 23rd, 2024</b> 2:00 p.m. - 2:50 p.m. <a href="#">TCH 108 &amp; Zoom</a></p>
<p><b>Test Toolkit: How to Ace Your Exams</b></p> <p>Prepare to excel with our workshop, <i>Test Toolkit: How to Ace Your Exams</i>. This comprehensive session is designed to equip you with the essential tools and techniques needed to tackle exams with confidence and skill.</p>	<p><b>Wednesday, October 9th, 2024</b> 3:00 p.m. - 3:50 p.m. <a href="#">TCH 108 &amp; Zoom</a></p>
<p><b>Ending Procrastination: How to Find Your Motivation</b></p> <p>Struggling with procrastination? Unlock your full potential with our workshop, <i>Ending Procrastination: How to Find Your Motivation</i>. This session is designed to help you break free from procrastination and discover the drive needed to achieve your goals.</p>	<p><b>Wednesday, October 23rd, 2024</b> 2:00 p.m. - 2:50 p.m. <a href="#">TCH 108 &amp; Zoom</a></p>
<p><b>Self Care 101: A "How-To" Guide on Student Wellness</b></p> <p>Prioritize your well-being with our workshop, <i>Self-Care 101: A "How-To" Guide on Student Wellness</i>. Designed specifically for students, this session offers practical advice and actionable steps to enhance your mental, emotional, and physical health amidst the demands of academic life.</p>	<p><b>Wednesday, November 6th, 2024</b> 3:00 p.m. - 3:50 p.m. <a href="#">TCH 108 &amp; Zoom</a></p>
<p><b>Last-Minute Study Habits: Boost Your Exam Performance</b></p> <p>Feeling the pressure of upcoming exams? Join our workshop, <i>Last-Minute Study Habits: Boost Your Exam Performance</i>, designed to help you maximize your study time and elevate your performance even in the final stretch.</p>	<p><b>Wednesday, November 13th, 2024</b> 2:00 p.m. - 2:50 p.m. <a href="#">TCH 108 &amp; Zoom</a></p>
<p><b>SARC Study Union Final Review Sessions</b></p> <p>SARC student staff host 50 - 80+ final review sessions throughout the event. Visit the Study Union website for this semester's schedule of final review sessions online starting the weekend before finals.</p>	<p><b>@UCF Student Union</b> Dates &amp; Times: TBD</p>
<p><b>Access Granted: 24/7 Online On-Demand Academic Resources</b></p> <p>Looking for even more learning assistance? Check out SARC's repository of online support resources by visiting our website.</p>	<p><a href="https://academicsuccess.ucf.edu/sarc/">https://academicsuccess.ucf.edu/sarc/</a></p>

Log into Penji and join the event to access a workshop!

Want to learn more about our Academic Success Workshops? Scan the QR Code below! All of our recorded workshops will be available for future access.



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STUDENT ACADEMIC RESOURCE CENTER  
Division of Student Success and Well-Being